

# September/October Timetable

Large class (max 12)

Small class (max 6)

Small class (max 5)

Reformer class (max 4)

	STUDIO	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	
MON	Main					Int 2 - STU 9.30 Julie	Int 1 - STU 10.30 Susie P	Int 1 - STU 11.30 Catherine					Neuro STU & REM 13.00 - Jess	Post Natal STU 14.00 - Caitlin							Int 1 - STU 17.00 Anya				Int 1 - STU 19.00 Susie P	Int 2 - STU 20.00 Susie P				
	Oak							Neuro 10.30 Jess	Neuro 11.30 Jess		Beginners 12.30 Catherine													Int 1 18.30 Yulia	Beginners 19.30 Yulia	Int 1 20.30 Catherine				
	Hazel					Reformer Adv 9.30 Jenny	Reformer Int 1 10.30 Julie	Reformer Beg 11.30 Susie															Reform Int1 17.30 Jenny	Reform Int1 18.15 Susie						
TUE	Main				Int 1 - STU 9.00 Susie P	Int 1 - STU 10.00 Julie				Rehab - STU 12.00 Suzie K								Int 1/2 - STU 15.30 Julie					Beginners 18.30 Jennifer	Int 1 19.30 Jennifer	Int 2 STU & REM 20.30 - Liz					
	Oak					Int 1 9.30 Sue	Rehab 10.30 Sue																	Int 1 18.30 Anya	Ante Natal 19.30 Jacqui					
	Hazel				Reformer Int 8.50 Julie		Reformer Int 1 10.30 Susie																	Reform Int 1 18.00 Susie	Reform Int 1 18.45 Susie	Reform Int 19.30 Liz				
WED	Main					Int 1 - STU 09.30 Ruby	Int 1 - STU 10.30 Julie						Post Natal STU 13.30 - Stella												Advanced STU & REM 19.00 - Jenny	Int 2 - STU 20.00 Jenny				
	Oak					Int 1 09.30 Yulia	Beginners 10.30 Emily																	Beginners 18.30 Ellie	Int 2 19.30 Sarah	Int 1 20.30 Sarah				
	Hazel					Reformer Int 9.30 Julie																	Reform Beg 17.30 Annemarie	Reform Int1 18.15 Annemarie	Reform Int1 19.00 Annemarie	Reform Beg 19.45 Annemarie				
THU	Main					Int 2 - STU 9.30 Susie P	Int 1 - STU 10.30 Susie P	Older Adult STU 11.30 - Yulia	Adv STU & REM 12.30 Stella	Post Natal STU 13.30 - Stella														Int 2 - REM 18.30 → Julie	Int 2 19.00 Stella	Int 1 20.00 Ruby				
	Oak						Older Adult 10.30 Catherine	Int 1/2 11.30 Catherine																Ante Natal 18.00 Ruby	Ante Natal 19.00 Ruby					
	Hazel						Reformer Rehab 10.30 Jenny	Reformer Rehab 11.30 Jenny																			Reform Int 2 19.30 Julie			
FRI	Main	Early Riser 07.30 - STU/REM Jenny/Susie				Int 2 - STU 09.00 Julie	Int 1 - STU 10.00 Simone	Beg - STU 11.00 Sue																						
	Oak						Int 1 Rehab 10.00 Sue																							
	Hazel						Reformer Int 10.15 Julie	Reformer Int 11.30 Jenny/Susie																						
SAT	Main				Int 2 STU & REM 09.00 - Jenny		Int 1 - STU 10.15 Catherine	Int 2 - STU 11.15 Catherine																						
	Oak																													
	Hazel																													

STU = Studio class. REM = Remote class. STU & REM = Mixed studio & remote class