

MAIN STUDIO & ONLINE

May half term Timetable

	MONDAY 30th		TUESDAY 31st		WEDNESDAY 1st		THURSDAY B/H		FRIDAY B/H		SATURDAY 4th	
	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom
07.30												
08.00												
08.30												
09.00												
09.30	Int 2 9.30 Julie											
10.00			Int 1 10.00 Julie								Int 1/2 10.00 Catherine	
10.30	Int 1 10.30 Susie						Int 1 10.30 Julie					
11.00			Post Natal 11.00 Stella									
11.30						Rehab 11.30 Sue						
12.00												
12.30												
13.00												
13.30												
14.00		Neuro 2.00 Jess										
14.30												
15.00												
15.30			Int 1/2 15.30 Julie									
16.00												
16.30												
17.00		Int 1 17.00 Julie										
17.30												
18.00	Beginners 18.00 Yulia		Int 1 18.00 Julie				Int 1 18.00 Susie					
18.30												
19.00							Adv 19.00 Jenny					
19.30	Int 1/2 19.30 Susie		Ante Natal 19.30 Molly				Int2 20.00 Jenny					
20.00												
20.30			Int 2 20.30 Liz									
21.00												

Large Pilates class (max 12)

Small Pilates class (max 6)

HAZEL STUDIO (Reformer classes—max 4)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09.30 Emily	08.50 Julie	09.15 Caitlin			
		18.30 Caitlin Reformer taster			
18.45 Emily	19.30 Liz				

OAK STUDIO (max 5)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10.15 Neuro - Jess					
11.15 Neuro - Jess		18.30 A/N - Catherine			
		19.30 Int 1 - Jennifer			
20.00 Int 1 - Sarah					