

Studio Timetable—JUNE/JULY

MAIN STUDIO & ONLINE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom	Studio	Zoom
07.30										Advanced 07.30 Jenny		
08.00												
08.30												
09.00			Int 1 9.00 Susie P							Int 2 09.00 Julie		Int 2 09.00 Liz
09.30	Int 2 9.30 Julie				Int 1 09.30 Janet			Int 1 09.30 Susie P				
10.00			Int 1 10.00 Julie						Int 1 10.00 Sue			Int 1 10.15 Caitlin
10.30		Neuro 10.30 Julie			Int 1 10.30 Julie		Int 1 10.30 Susie P					
11.00			Post Natal 11.00 Stella						Beg 11.00 Sue C	Rehab 11.00 Janet	Int 1/2 11.15 Caitlin	
11.30					Int 1 11.30 Julie		Older Adult 11.30 Yulia	Neuro 11.30 Stella				
12.00			Rehab 12.00 Suzie C									
12.30	Int 1 12.30 Catherine				Rehab 12.30 Sue		Adv 12.30 Stella					
13.00												
13.30						Strength Class 13.30 Suzie				Post Natal 13.30 Caitlin		
14.00												
14.30												
15.00												
15.30			Int 1/2 15.30 Julie									
16.00												
16.30												
17.00		Int 1 17.00 Julie										
17.30			Int 1/2 17.30 Julie									
18.00	Beg 18.00 Yulia					Int 1 18.00 Susie						
18.30				Ante Natal 18.30 Jenna				Calv Class 18.30 Julie				
19.00	Int 1 19.00 Susie P					Adv 19.00 Jenny						
19.30			Ante Natal 19.30 Jacqui					Int 2 19.30 Jennifer				
20.00	Int 2 20.00 Susie P					Int 2 20.00 Jenny						
20.30				Int 2 20.30 Liz				Int 1 20.30 Liz				
21.00												

- Large Pilates class (max 12)
- Small Pilates class (max 6)
- Strength Class (max 12)

HAZEL STUDIO (Reformer classes)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	08.50 - Julie	09.15 - Caitlin		10.15 - Julie	09.00 - Caitlin
				12.15 - Caitlin	