

Easter Timetable 2026

Large class (max 12)

Small class (max 6)

Small class (max 5)

Reformer class (max 4)

	STUDIO	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00
MON	Main					Int 2 09.30 Susie			Int 1 11.00 Catherine		Int 1 12.00 Catherine		Neuro STU/REM 13.15-Jess	Neuro 14.15 Jess									Int 1 18.00 Sophie			Int 1/2 19.30 Susie			
	13th Oak					Beginner 09.30 Sophie																				Int 1 19.30 Catherine			
	APR Hazel							Reformer Int 1 10.30 Sophie																		Reform Int 2 19.00 Annemarie	Reform Int 1 19.45 Becks	Reform Beg 20.30 Becks	
TUE	Main						Int 1 10.00 Julie						Post Natal 13.30 Susie					Int 1/2 15.30 Julie						Int 1 18.30 Jennifer	Int 2 19.30 Jennifer				
	14th Oak							Rehab 10.30 Sue																Beginner 18.30 Beth	Antenatal 19.30 Jacqui				
	APR Hazel				Reformer Int 1 08.50 Julie			Reformer Int 1 10.30 Susie																Reform Int 1 18.00 Susie	Reform Int 2 18.45 Susie			Reform Beg 20.15 Laura	
WED	Main							Int 1 10.30 Julie																			Int 2/Adv STU/REM 19.30—Sarah		
	15th Oak																												
	APR Hazel					Reformer Int 2 09.30 Julie	Reformer Int 1 10.30 Emily	Reformer Beg 11.30 Emily																Reform Int 2 18.15 Annemarie	Reform Int 1 19.00 Annemarie				
THU	Main					Int 1/2 10.00 Susie	Older Adult 11.00 Catherine						Post Natal 13.30 Beth											Int 2 - REM 18.30 Julie	Int 1/2 19.30 Beth				
	16th Oak																							Antenatal 18.30 Beth					
	APR Hazel							Reformer Rehab 10.30 Jenny																Reform Int 1 18.30 Anya	Reform Int 1 19.15 Anya				
FRI	Main				Int 2 09.00 Julie	Int 1 10.00 Yulia	Int 1 11.00 Yulia																						
	17th Oak																												
	APR Hazel							Reformer Int 1 10.15 Julie																					
SAT	Main				Int 2 STU/REM 09.00 - Anya	Int 1 10.00 Anya																							
	18th Oak																												
	APR Hazel					Beginner 09.15 Becks	Reform Int 1 10.00 Becks																						

STU/REM = Mixed studio & remote class