

Walnut Tree Physiotherapy Centre

Open Day Timetable

10.00 - Jamie Peacock to open building and start Cycle Challenge

Taster Pilates Classes

10.30 - 11.00 Julie

12.00 - 12.30 Becky

14.00 - 14.30 Sandra

15.00 - 15.30 Jenny

Taster Suspension Strap Training Classes

11.00 - 11.30 Emma

12.00 - 12.30 Emma

Taster Physiofit Physiotherapy Sessions - 20 minutes each

10.30 - 12.30 Helen

13.30 - 15.30 Kristy

Taster Physiofit Sports Massage Sessions - 20 minutes each

10.30 - 12.30 Sarah

Taster Holisticalm Massage/Reflexology Sessions - 20 minutes each

14.30 - 16.00 Julie

4.00 - Close