

Current Timetable

Large class (max 12)

Small class (max 6)

Small class (max 5)

Reformer class (max 4)

	STUDIO	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00
MON	Main					Int 2 - STU 9.30 Julie	Int 1 - STU 10.30 Susie P	Int 1 - STU 11.30 Catherine					Neuro STU & REM 13.00 - Jess	Post Natal STU 14.00 - Caitlin							Int 1 - STU 17.00 Julie			Int 1 - STU 19.00 Susie P	Int 2 - STU 20.00 Susie P				
	Oak							Neuro 10.30 Jess	Neuro 11.30 Jess		Beginners 12.30 Catherine													Int 1 18.30 Yulia	Beginners 19.30 Catherine	Int 1 20.30 Catherine			
	Hazel						Reformer Adv 9.30 Jenny	Reformer Int 1 10.30 Julie	Reformer Beg 11.30 Susie															Reform Int1 17.30 Jenny	Reform Int1 18.15 Julie	Reform Int2 19.00 Julie			
TUE	Main				Int 1 - STU 9.00 Susie P	Int 1 - STU 10.00 Julie	Post Natal STU & REM 11.00 - Stella	Rehab - STU 12.00 Suzie K										Int 1/2 - STU 15.30 Julie						Beginners 18.30 Jennifer	Int 1 19.30 Jennifer	Int 2 STU & REM 20.30 - Liz			
	Oak					Int 1 9.30 Sue	Rehab 10.30 Sue																			Ante Natal 19.30 Jacqui			
	Hazel					Reformer Int 8.50 Julie	Reformer Int 1 10.30 Susie																		Reform Int 1 18.00 Susie	Reform Int 1 18.45 Susie	Reform Int 19.30 Liz		
WED	Main				Int 1 - STU 09.30 Susie/Ruby	Int 1 - STU 10.30 Julie	Int 1 - STU 11.30 Julie						Post Natal STU 13.30 - Stella											Beg - STU 18.00 Susie P	Advanced STU & REM 19.00 - Jenny	Int 2 - STU 20.00 Jenny			
	Oak					Int 1 09.30 Yulia																				Int 2 19.30 Sarah	Int 1 20.30 Sarah		
	Hazel					Reformer Int 9.30 Jenny/Liz																		Reform Beg 17.30 Annemarie	Reform Int1 18.15 Annemarie	Reform Int1 19.00 Annemarie	Reform Beg 19.45 Annemarie		
THU	Main				Int 2 - STU 9.30 Susie P	Int 1 - STU 10.30 Susie P	Older Adult STU 11.30 - Yulia	Adv STU & REM 12.30 Stella	Post Natal STU 13.30 - Stella															Int 2 - REM 18.30 → Julie	Int 2 19.00 Stella	Int 1 20.00 Elaine			
	Oak						Older Adult 10.30 Catherine	Int 1/2 11.30 Catherine																Ante Natal 18.00 Jenny /Ruby	Ante Natal 19.00 Jenny /Ruby				
	Hazel						Reformer Rehab 10.30 Jenny	Reformer Rehab 11.30 Jenny																					
FRI	Main	Early Riser 07.30 - STU/REM Jenny/Susie			Int 2 - STU 09.00 Julie	Int 1 - STU 10.00 Simone	Beg - STU 11.00 Sue																						
	Oak					Int 1 Rehab 10.00 Sue																							
	Hazel						Reformer Int 10.15 Julie	Reformer Int 11.30 Jenny																					
SAT	Main				Int 2 STU & REM 09.00 - Jenny	Int 1 - STU 10.15 Catherine	Int 2 - STU 11.15 Catherine																						
	Oak																												
	Hazel																												

STU = Studio class. REM = Remote class. STU & REM = Mixed studio & remote class